

## About Us



It does take a village.  
We are not alone in  
our journeys.

We have highly trained therapists with experience in Neurodevelopmental Treatment, (NDT), Pediatrics and Sensory Integration treatment techniques. Our experienced therapists provide physical and occupational therapy services for children with a wide variety of physical, learning and

behavioral challenges. Several of our therapists have specialized in, and provide, NDT based casting for Cascade Orthotics and Braces for children with cerebral palsy, for maximum tone control.

We are, perhaps, most well-known for our comprehensive approach in treating children with Sensory Integration Dysfunction, Autism, PDD, ADHD, and behavioral challenges by utilizing a multidisciplinary approach called the “Whole Child: SANE Strategies Assessment Protocol”, which includes assessment of Sleep, Sensory Processing, Motor Skills, Nutrition, and Environments .

This evaluation includes both:

- An extensive written report that can be used for planning of home and school programs.



- A 2 hour follow-up meeting with the therapist and parents to discuss the results of the evaluation.

## Our Services

We provide services for children ages 0 to 21 and beyond:

- Physical therapy
- Occupational therapy
- Nutritional Evaluations by RD (including autism)
- Whole Child “SANE Evaluations”
- Braces and Orthotics
- Groups for Children:
- School Based Evaluations and Services

Mommy and Me Fitness Class led by PT

Toddler Sensory Motor Group led by LPTA

Healthy Kids classes:, Nutrition and Fitness for Kids

Yoga for children of all ages and abilities led by LPTA



We provide clients with all necessary paperwork to submit to their insurance companies, to obtain reimbursement. Evaluations, individual therapies and group therapies are usually reimbursed by insurances. We recommend families check with their insurance company regarding their provision for out of network services.

### Courses for Therapists and Parents:

SANE Strategies for therapists, psychologists, doctors and parents. 2 Day Course with CEU's

Nutritional Strategies for Behavioral improvements. An 8 week course for parents, led by PT and RD.

Visual Vestibular Assessment and Treatment to Improve Children's Learning, Attention and Behavior'  
2 Day Course with CEU's

## Our Staff

*Our staff is a hand-selected, highly experienced group with a wide variety of certifications for the most effective multidisciplinary team available.*

Debra Dickson RPT: has 30 years of pediatric experience. Certified in Pediatric NDT (Neurodevelopmental Treatment) Debra has done extensive research in nutrition and sensory processing and their impact on development and behavior. Debra lectures nationally and is the author of “The Whole Child Handbook”, a manual for parents.

Constance Hunter OTR: has 35 years of pediatric experience in both clinic and schools settings. She has significant expertise in Sensory Integration, Feeding Disorders, Handwriting, Oral Motor challenges, and Therapeutic Listening.

Sarah Prignano DPT: has her Doctorate in Physical Therapy. She has a strong background in pediatrics, Sensory Integration, Visual Vestibular Integration, school based services, casting and bracing and nutrition.

Christina Morgan LPTA has 10 years of pediatric experience in both clinic and school settings. Chris has training in NDT, Yoga for The Special Needs Child, Visual-Vestibular Integration and Sensory Integration.

Trish Lynch RD: a registered dietitian with experience in pediatrics, Trish has studied the DAN protocol (defeat autism now) and is skilled in helping families find strategies that work for even the most picky eaters.

Jayne Young OTR is a pediatric occupational therapist with expertise in school based therapies, strategies for the classroom and sensory processing treatments.

Dawn Shumbo: is trained in Reiki, Massage Reflexology and Energy work. She is a gifted practitioner .



Tracy Cocchiola is our friendly and efficient office manager. Please feel free to call her with any questions you may have or for more information regarding our services.

## Our Philosophy

We recognize that there are many factors that contribute to an individual's successful function in life. Challenges with language, attention, modulation and physical performance do not exist in isolation. Children with these challenges often also struggle with sleep difficulties, are picky eaters, and have sensory processing challenges. While individual strategies or medications may help for a while, it is often temporary or there are often side effects. We are certainly not opposed to medications, as many can be very helpful, however we do believe that by using The Whole Child approach to assessment and treatment, we can often find strategies that work well for the long haul and produce a healthy and happy child. We have discovered that by using sensory diets, nutritional strategies (yes we can help the pickiest eaters!), sleep strategies, and environmental modifications, many children have experienced dramatic success. Our goal is to help everyone to understand the impact of sensory processing challenges on daily function. We strive to inspire children to make the lifestyle changes that will bring them the greatest satisfactions in life. We empower families and caregivers to advocate for and assist their children in reaching their fullest potential.



### Overheard at TherapyWorks:

"It's like she's comfortable in her own skin now." P.M.

"Everybody should know about this." KD

"He's like a new kid!" RB

"We are so happy" RB

"I wish I had known about this earlier" DD

"This IS the treat!" (When asked by his sister about getting a treat after therapy) CD

Several participants have exclaimed after one of Deb's seminars; "We have to get you on Oprah!"



## TherapyWorks Pediatrics

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TherapyWorks  
Pediatrics LLC

Physical Therapy

Occupational Therapy

Registered Dietitian

Parent Support  
Seminars/Education



*Our Mission is to provide the highest quality services to children and their families; to allow all children to reach their fullest potential.*



Phone: (860) 434-5524  
Www.therapyworksct.com